

**Fabrics needed:**  
 1-1/4 yards of focus fabric for block centers and borders  
 1/2 yard of light for block background  
 1/2 yard of medium for blocks and frames  
 1/2 yard of dark for blocks and frames.  
 1-1/4 yards for backing

**Cutting**

*Focus print:*

Cut (along the lengthwise grain)  
 2 borders 4-1/2" x 24-1/2"  
 2 borders 4-1/2" x 44-1/2"  
 Cut 6 (3-1/2") squares for block centers.

*Light:*

Cut 24 (3-1/2") squares.  
 Cut 6 (4-1/4") squares and cut each diagonally  
 in both directions to make 24 triangles.

*Medium:*

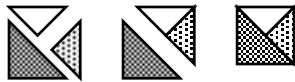
Cut 6 (4-1/4") squares and cut each diagonally  
 in both directions to make 24 triangles.  
 Cut 6 (2" x 9-1/2") rectangles for frames.  
 Cut 6 (2" x 12-1/2") rectangles for frames.

*Dark:*

Cut 12 (3-7/8") squares and cut diagonally once  
 to make 24 triangles.  
 Cut 6 (2" x 9-1/2") rectangles for frames.  
 Cut 6 (2" x 12-1/2") rectangles for frames.

**Assembly**

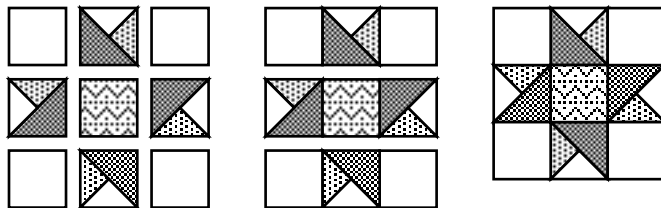
1. Arrange triangles to form a block unit. Piece as shown below. Make 24 block units.



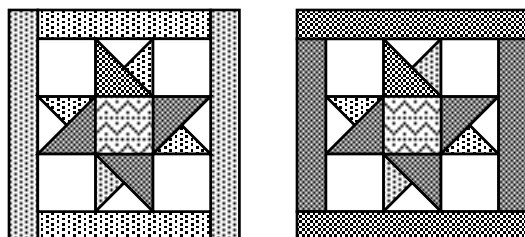
2. Arrange triangle units and squares to make the Star of Hope block.

Sew into rows. Press seams to squares.

Sew rows together. Press seams to outside. Block should measure 9-1/2". Make 6 blocks.



3. Sew medium frames to 3 blocks. Sew dark frames to 3 blocks.



4. Sew framed blocks together, turning dark framed blocks 90 degrees to avoid matching seams.

5. Add borders. Baste and quilt as desired. Bind. Add a Coastal Quilters Guild label.