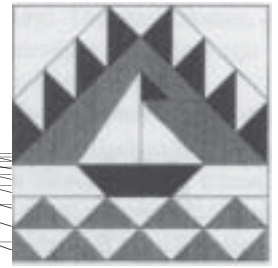


Coast Lines



Volume 10

Newsletter for Coastal Quilters of Santa Barbara

October 2006

October Program: Cathy VanBruggen!

www.cathyvanbruggendesigns.com

This month brings Cathy Van Bruggen from Garden Grove, California. Cathy says, "I began sewing at a very early age. I remember sewing doll clothes by hand while watching my mother create costumes. Later, I was hired by Catalina Swimwear as a production manager and sample maker. Unable to work outside the home while raising five children, I designed custom bridal wear. In 1970, we developed a family business called The Outfitters, a retail chain for women's clothing. When I retired in 1995, I began quilting as a hobby. By using timesaving techniques in quilt making, I developed *Appliqué the Easy Way*. I enjoy creating botanically correct appliqué featuring flowers, birds, and woodland creatures. My workshops feature all my original designs and published patterns.

October 12 Lecture: Cathy Van Bruggen presents **All About Appliqué:** This program includes a brief history of appliqué and a trunk show of appliqué quilts. A variety of techniques will be shown to inspire your members to learn to *Appliqué the Easy Way*.

October 13 Workshop: Cathy Van Bruggen will teach her appliqué workshop entitled **Autumn**. It features a squirrel and field mouse admiring nature's beauty. Learn basic hand appliqué and learn advanced techniques such as reverse appliqué and embroidery to make your wall quilt realistic.

While others are at Pacific International Quilt Festival, you can spend the day in a great class sharpening your appliqué skills! Check with Dorothy Fitch at the Guild meeting to see if there any spaces left in this class.



Harvest of Colors 2006

After all the planning and hard work, it is hard to believe that Harvest of Colors 2006 is behind us! So many thanks need to go to so many of you for your efforts making the show such a great success: All of you who created those beautiful quilts and lent them to the show; all of you who volunteered for jobs at the show; to pick up quilts before the show and return them following, those committee members who took charge of the myriad functional area and their helpers are all responsible for that success. Beyond thanks to our members, we would be remiss if we did not thank family members for their help. To those kind folks we offer a great big "THANK YOU." Your help was appreciated and made the job much easier.

We will have a wrap up meeting on October 20th at 6:00 PM. It will be at the home of Linda Boynton De Sepulveda, 2712 Sycamore Canyon Road, Santa Barbara.

All quilt show committee chairpersons please bring your quilt show booklets with any changes or suggestions for the next show. As successful as this show was, improvements can always be made. By passing forward our suggestions we make our next show that much better. If you cannot make the wrap-up meeting but have suggestions, including things you enjoyed or some way we can improve, please get that information to me so it can be include for future planning.

As for Oleta & myself this was an adventure we will always remember. The working and planning for the show made the show a real pleasure. We were provided a unique opportunity to work with a wonderful group of women. I feel I have made many new friends while doing this job. Working on Guild projects affords us the chance to discover abilities that we didn't think we had.

Many Thanks, Oleta Bennett & Liz Turner

President's Message

My quilt is delivered, I've hung the last of the posters in my possession and all is ready to go! The only thing left to do as I write this is to get through one very busy week. Our quilt show is one of my most favorite guild activities. I hope it will have been fun for all of you. Call me a prophet or soothsayer but I'm sure the 2006 "Harvest of Colors" will have been the best one yet...

Now we are into the final wind up for the current year with some wonderful up-coming programs. Most important, in November we will elect a new board. Penny Odom, who is in charge of nominations, really needs to hear from you. As of this writing, there are many holes in the nominations list. Penny can be reached on her home phone 563-4979, her cell phone 259-7675, or via email penny.odom@cox.net. If you think you can help with our organization call and see what jobs still need to be filled. You can also call me if you would like

further information about committees. The time commitments vary according to the job, so there's something to fit any schedule. Also keep in mind that any position can be shared by two or more members. Currently, for example, Vice-President Future Programs and Recording Secretary are shared positions. So – volunteer with a friend or find a new friend in a shared job.

Many thanks are in order to Susan West, Robin Ruge and Sandy Hess for last month's Challenge program. The work will be an asset to our show and it is an area that always draws a lot of attention from viewers. By the time the next show rolls around the Challenge will have been moved to the spring and members won't have to complete all their quilts at the same time. Thank Goodness!

My final word – please give Penny a call and get involved!

- Betty Kelley



AQS Online quilt Contest

One of Jan Beckert's quilts, "The Comet," is entered into the AQS online quilt contest. This is a viewer-vote contest. The link for this online quilt show is <<http://www.americanquilter.com/contest/entries.php>> Viewers can sign up to win weekly drawings and, in October, vote for their favorite quilt.



Community Quilts

Thanks to all of you who have been so supportive of the Community Quilt project. We have collected 200 quilts or blankets so far this year. There are an additional 53 quilt kits that have been signed out and not yet returned. Please have all quilts, either from kits or from your own fabric, turned into us by the end of the November meeting.

We will be giving 30 quilts to Angels Bearing Gifts in November. This local organization gives gifts to developmentally challenged adults who have no other support system. The remaining quilts will go to the Linus Project at our December meeting. While the Linus Project is a national organization, each local group acts locally. They will be giving our handmade quilts and blankets to local children between the ages of newborn and 18 years, who are ill or traumatized.

As the holiday season approaches, we are faced with many gift-giving situations. The community quilt project affords us an opportunity to practice charity in its truest sense—giving for no other reason than that we will help someone in need—and because we can give of our own special skills, and from our hearts, we bring joy to ourselves as well as the person receiving our gift.

If you have any questions please contact:

Marty Frolli 968-4781 mafrolli@cox.net or
JoAnn Dovgin 682-2867 rich.jo.dovgin@verizon.net

Cathy Van Bruggen
Appliqué the Easy Way - Autumn
October 13, 2006

Stencil & Stitch Workshop
November 10, 2006
Eileen Alber 805-480-3550

“Autumn” is the second quilt in the *Season* series. It features a squirrel and field mouse admiring nature’s beauty. Learn how to **APPLIQUÉ THE EASY WAY** and get realistic results for this pictorial quilt. What a wonderful opportunity to use those gorgeous fall fabrics!

Fabric and Supplies:

- 3/4 yd background material
- 1 yard border
- 1 yard backing and sleeve
- 1/4 yard binding
- 1/2 yard light- weight interfacing for overlay
- 30" square of batting
- Tree branches and log: 1 fat quarter of wood grain print
- Assortment of scraps for appliqué:
 - Squirrel shadow: dark brown
 - Maple and oak leaves: variety of light, medium and dark
 - Acorns: beige and brown
 - Squirrel: light, medium and dark fur-like fabric
 - Mouse: medium fur-like fabric, different than squirrel
 - Moth: printed fabric moth. 3/4" x 6" strip beige fabric

Embellishments:

- Perle cotton #12 in assorted greens, rust, gold and brown
- Rayon DMC floss: light, medium and dark shades of brown and gold
- DMC floss: white, brown
- Metallic silver thread

Sewing Supplies:

- Basic sewing supplies
 - Fine pins
 - Needles (straw #10, embroidery needles #10)
 - Mechanical pencil
 - Water-soluble marking pen
 - Paper and small sewing scissors
 - Freezer paper
 - Thread to match all appliqués
- Sewing Machines are NOT needed for this workshop.**

Supply List:

- Fabric: solids, hand dyes, batiks and tone on tones which read as solid, faint prints are OK (large & small). Make sure you have a good selection of lights, darks and mediums. You will be making about a fat quarter sized piece, so fat quarters and scraps are OK. We will be collaging the backgrounds
 - Scissors for fabric and paper
 - Perle Cotton size 5 in a variety of colors
 - Doll needles (long, about 3 inches with a nice sized eye to get the perle cotton through)
 - Optional: leather thimble or Needle Grabbers™
 - An inexpensive one inch diameter size stencil brush (these are available at JoAnn’s or Michael’s)
 - Cup for water to rinse out your brush
 - White foam paper plate for a palette (I will bring some, if you bring the wrong kind)
 - A roll of paper towels.
 - Freezer paper (at least 1 yard) to protect the table and masking tape to hold it in place.
 - Heavy sketch paper, at least the weight of light card stock.
 - Pencil and ruler
 - 1/2 yard of Tartalan or Crinoline (I will have the correct weight Tartalan available in class for \$5 per yard and in fat quarters at \$1.25.)
 - Paints for stenciling: (Make sure your colors include black and white.)
 - A small tube size set of acrylics
- OR
- a good collection of colors of Shiva Oil Paintstiks™ (bring extra freezer paper for a palette)
- OR
- Jacquard or Pebeo Setacolor Opaque paints in a number of colors

Please note that the Guild will provide paints for this workshop.



Lemon Bars?

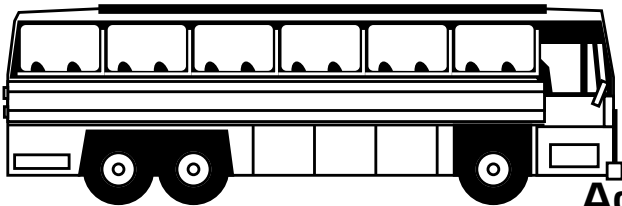
Jan Beckert asks that whoever made delicious lemon bars for several of the Christmas Guild meetings send her the recipe. Her email address is <quercus@hughes.net>

Bus Trip to Pacific International Quilt Show

Santa Barbara Air Bus has made arrangements for a 2-day bus trip to Santa Clara for the Pacific International Show on Saturday and Sunday, October 14-15. The cost is \$166 for double occupancy and \$231 for a single. This price includes overnight accommodations at the Hilton-Santa Clara (across from the show), transportation, baggage, and Saturday-Sunday admission. The bus will leave Santa Barbara at approximately 6 AM on Saturday, October 14 and return Sunday, October 15 at about 10 PM. A \$100 deposit is required at time of sign-up.

This is the largest quilt show on the west coast with hundreds of quilts on display. The vendor mall features over 150 booths with everything you need for your quilt projects.

For more information, please contact Marilyn Martin at 967-6821.



Advertising

If you are a member of the Coastal Quilter's Guild and you sell products or services relating to quilts, you can be listed in this section of our newsletter. Your listing is free, and special attention will be paid to members offering discounts, "stash" cards, classes, or sale events. Please send your information to Newsletter Editor, PO Box 6341, Santa Barbara CA 93160. For specific questions, please e-mail Leslie Hogan at redduckmusic@earthlink.net.

✓ = Stash Card * = Discount to Guild Members ♦ = Sale Event ✕ = Classes Offered

Baron's Fabrics *

379 Carmen Road
Camarillo, CA 93010
www.baronsewfab.com
482-9848

Blue Island Quilts ✓ ✕

5140 Hollister Avenue
(Magnolia Shopping Center)
Santa Barbara CA 93111
683-0112

Craft Essentials *

187 S. Turnpike
Santa Barbara CA 93111
681-3115

Creative Memories by Juli Shulem * ✕

Create albums to show off your quilts, etc. using photo-safe albums & supplies.
Professional assistance. (805) 964-2389
www.creativememories.com/jshulem

Cathe Hedrick

Santa Barbara Quilting Retreats
P.O. Box 91429
Santa Barbara, CA 93190-1429
www.santabarbaraquiltingretreats.com
805-899-3947

Grant House Sewing Machines * ✕

5152-A Hollister Avenue
(Magnolia Shopping Center)
Santa Barbara CA 93111
967-3680

Linda Karppinen

Quilt Appraisals
www.qalinkarp1@aol.com
563-0817

Nancy King

Santa Barbara Custom Quilting
www.sbcustomquilting.com
687-2063

Quilt Ventura ✓ ✕

4572 Telephone Road, #908
Ventura CA 93003
www.quiltventura.com
658-9800

Note: Members of the Coastal Quilter's Guild are entitled to run one free "classified ad" a year in the newsletter. If you have a special need or an item you wish to sell, contact the Newsletter editor for details. No other commercial advertising will be accepted.

September's Most Amazingly Fortunate Door Prize Winners!

Diane Haley
Ilona Varnos
Ulla Sigurdson
Dorothy Fitch
Barbara Ortiz

Thanks to our Generous Donors!

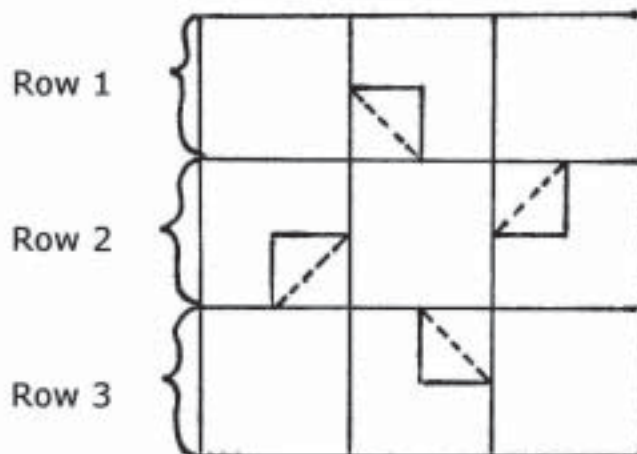
Craft Essentials
Grant House
Creation Station
Old Town Quilt Shop, Orcutt
Fairfield Batting
Betty's Fabrics, Santa Maria
Robert Kaufman Fabrics
Art to Heart
Kindred Spirits
Colonial Needle Co.
Leisure Arts Inc.
Textile Creations Inc.
Three Member Donations

STAR BLOCK FOR BETTY

This is a secret, so we'll need to be discrete when giving our blocks to Marilyn Martin or Joann Conklin.

Please join in and create one of these blocks to show our appreciation for the fine job Betty has done as president of our Guild for the past two years. This block was demonstrated by Mary Ellen Hopkins on Simply Quilts and adapts well to a group endeavor. The method she uses to make the triangles makes it extremely easy. We all have our own individual quarter inch seams, and this block eliminates any outside points, so they may be trimmed to make all the blocks uniform. She calls this block Mississippi, but another name for it is friendship star, which seems particularly appropriate to recognize Betty for a job well done!

This is a nine patch block. The basic instructions are to cut one 2 ½" block of a good quality muslin to be used as the center block. (See HINT below) Also cut eight more 2 ½" blocks of a variety of dark to medium jewel toned fabrics (red, blue, green, purple, hot pink, and turquoise, for example.) Just mix them up and arrange them to please your eye. You will probably have more than one of some colors--just mix up the fabric patterns, no two alike, and they will look great. Now, cut four additional 1 ½" squares of muslin to create the triangles. Draw a line across the diagonal and sew them to the center side squares of the nine patch. See illustration below.



Press the small triangle of muslin back to the corner of your 2 ½" inch square and trim to approximately ¼" only the middle piece of muslin leaving the 2 ½" square intact. Now sew the squares together in rows, pressing the seams in row 1 and 3 to the outside and row 2 toward the center block. The center block is 2" finished so it will accommodate your signature and any *brief* message you would care to include. Be sure to use a permanent marker such as a Pigma pen or a Sharpie ultra fine point.

HINT: If you cut a square of freezer paper and iron it to the back of the muslin square before you make the block, it will stabilize the fabric making it easier to write. Remove the freezer paper before you sew the squares together.

For you super achievers, you may turn in your blocks to Marilyn or Joann at the October meeting.

The rest of us should be able to have them ready to turn in by the November meeting.

If you have really procrastinated, you may mail your blocks to either

Marilyn Martin
5588 Berkeley Rd.
Santa Barbara, CA 93111

or

Joann Conklin
121 Walnut Ln.
Santa Barbara, CA 93111

Or deliver them to their homes **before the December meeting**, as we will be presenting them to Betty at that meeting.



November Block-of-the-Month



Method: fuse/appliqué
9 1/2" (unfinished)

Fabric choice could make this block look "down home" country or "upscale elegant" Don't forget to pick up free tracing paper at the Block-of-the-Month table during guild meetings.

Fabric:

Background: White/beige - cut one 10" square

Sock: Scrap of holiday fabric

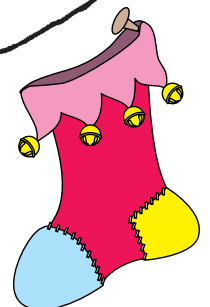
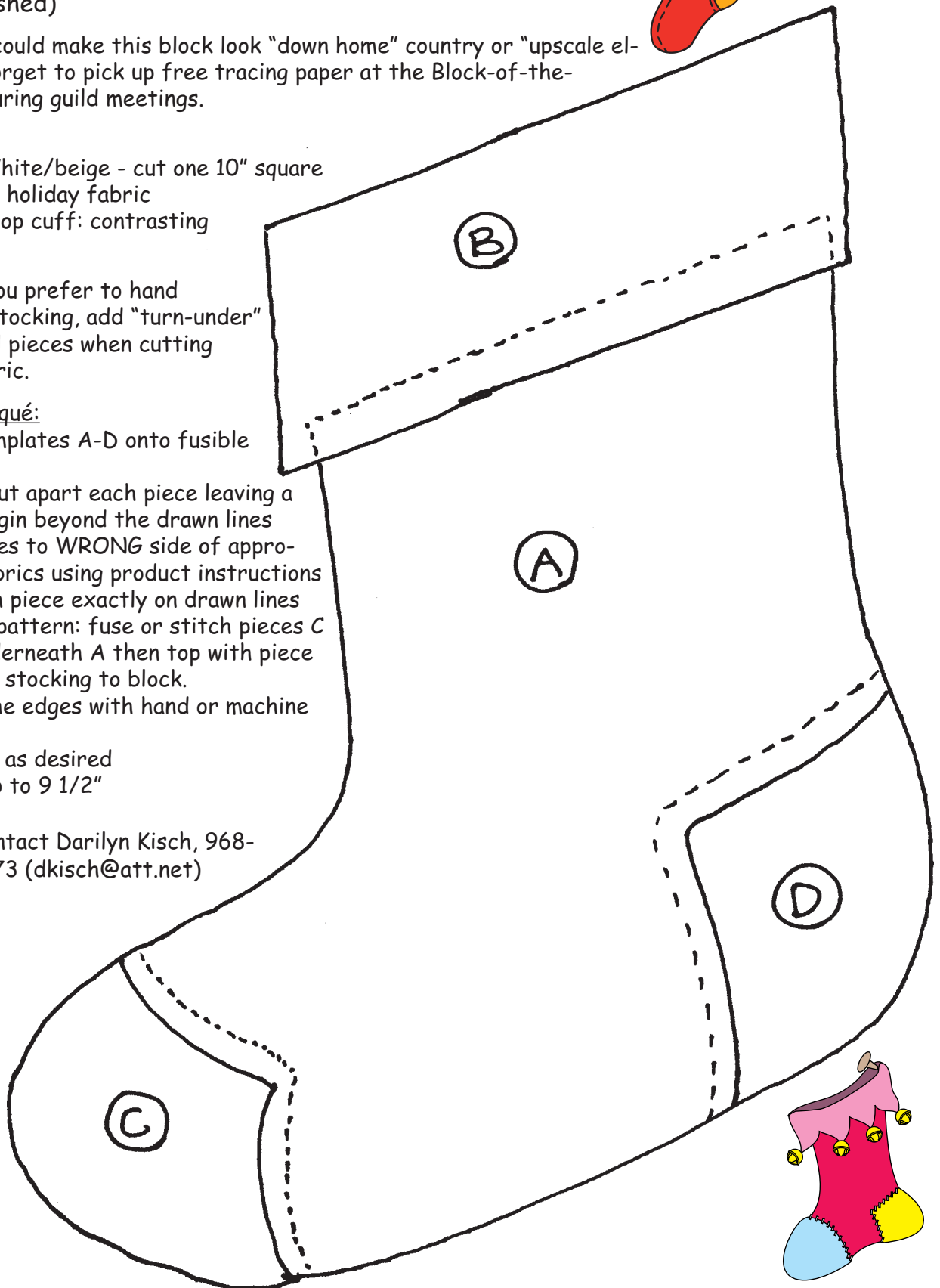
Toe, heel and top cuff: contrasting fabrics

As always, if you prefer to hand appliqué your stocking, add "turn-under" allowance to all pieces when cutting templates/fabric.

Preparing appliqué:

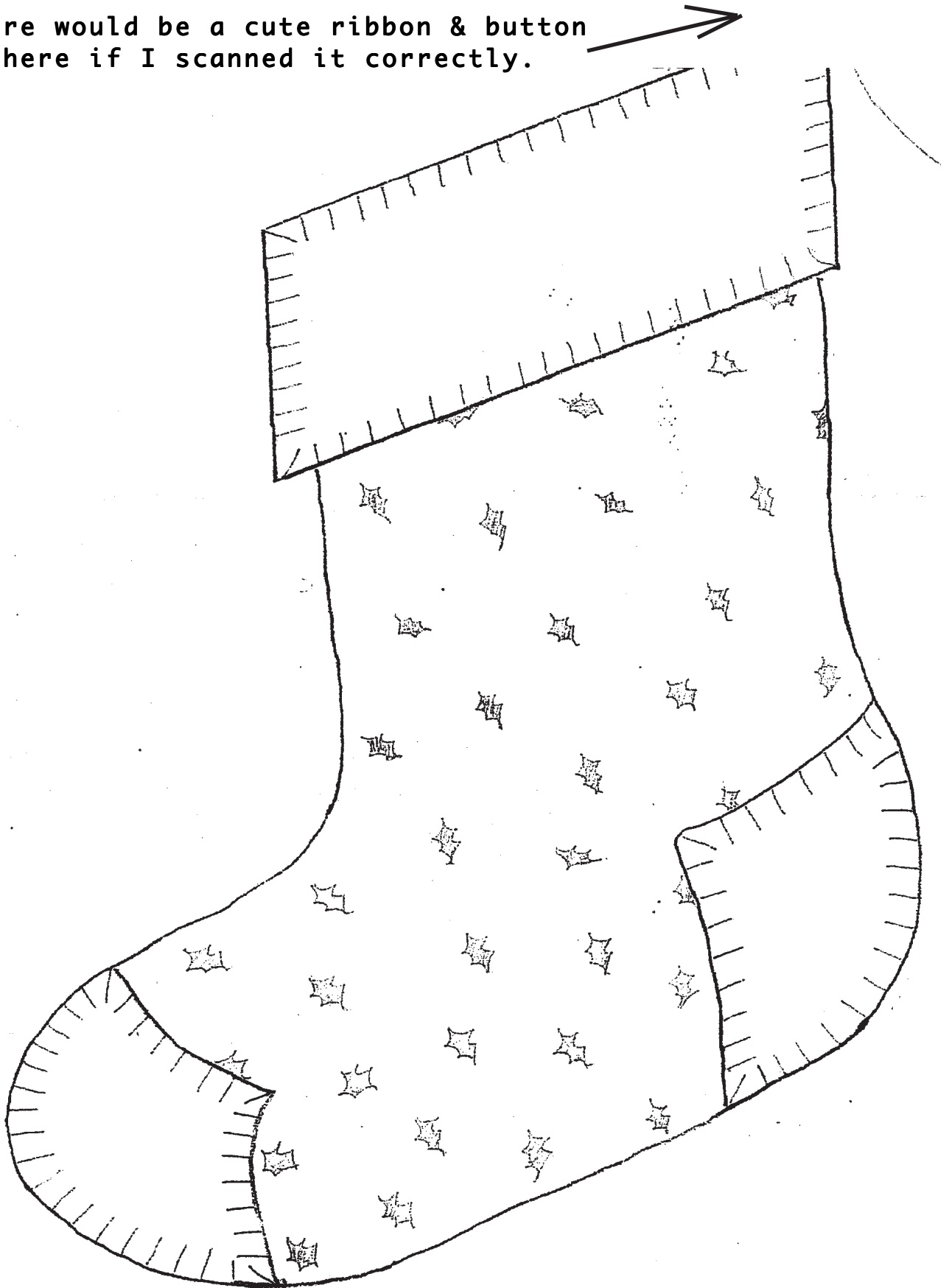
- Trace templates A-D onto fusible web
- Roughly cut apart each piece leaving a small margin beyond the drawn lines
- Fuse pieces to **WRONG** side of appropriate fabrics using product instructions
- Trim each piece exactly on drawn lines
- Refer to pattern: fuse or stitch pieces C and D underneath A then top with piece B. Attach stocking to block.
- Secure the edges with hand or machine stitching
- Embellish as desired
- Square up to 9 1/2"

Questions? Contact Darilyn Kisch, 968-5173 (dkisch@att.net)



Alternate Stocking pattern

There would be a cute ribbon & button here if I scanned it correctly.



Events Around California

For more information, visit <http://sccqg.org>

October 7 – 8: Simi Valley Quilt Guild presents their Biannual Quilt Show at the Rancho Santa Susana Recreation Center, 5005-C Los Angeles Avenue, Simi Valley (across from Metrolink/Amtrak Station). Admission fee: \$8.00 (good for two days). Features include a Vendor mall, Food Court, Boutique, Treasure Hunt for Kids, Door Prizes, a Quilt Auction at 1 PM Saturday, and an Art Bra Challenge. Sunday at 11 AM – lecture by Sharla Hicks, “Creative Quilting Using the Computer.” Opportunity Quilt drawing on Sunday at 2 PM, as well as a drawing for a Bernina 200, donated by Barrons Fabrics, and a drawing for a Jenome Platinum sewing machine donated by Kingdom Sew ‘n’ Vac. Hours: Saturday, 10 AM – 5 PM; Sunday, 10 AM – 3 PM. For further information go to <http://www.simivalleyquiltguild.org>

2006 Guild Officers and Appointed Committee Chairs

Elected Officers

President	Betty Kelley	692 0075
V P- Current Programs	Janet Berlin	968 4933
V P- Future Programs	Linda Cassirer	565 0588
	Lora Martin	966 3685
Recording Secretaries	Barbara Postma	964 0103
	Ky Easton	967 1113
Corresponding Secretary	Judy McCartney	967 5311
Treasurer	Marilyn Martin	967 6821
Parliamentarian	Penny Odom	563 4979
Workshops	Dorothy Fitch	968 2837

Committee Chairs

Coastlines Editor	Leslie Hogan	964 0308
2006 Opportunity Quilt	Diane Eardley	963 8321
	Cynthia Manzer	967 0657
	Judy Stanton	695 8828
Opportunity Quilt Tickets	Darilyn Kisch	968 5173
	Nancy Snyder	965 1992
Challenge Quilt	Susan West	962 3650
	Pat Masterson	642 4769
Community Projects	Marty Frolli, JoAnn Dovgin	
Refreshments	Carol Boyce, Suzy Pelovsky	
2007 Zetta’s Quilt		
Block of the Month	Satellite: Sew it All, Darilyn Kisch	
Coastlines Distribution	Harriet Berk, Jane McMenamin	
Coastlines Layout	Peter Glatz	
Door Prizes	Jean McCaffrey, Barbara Franklin	
Harvest of Colors	Oleta Bennett, Liz Turner	
Historian	Doris Gilman	
Librarians	Laura Nanna, Heather Georgakis, Kathy Laabs	
Membership	Nancy Wood, Becky Gallup, Karen Homan	
Satellite Groups	Monte Farris	
Scholarships	Nola Ferguson	
SCCQG Representative	Oleta Bennett	
Special Events	Joann Conklin	
Webmaster	Dorothy Oskner	
Welcome Committee	Satellite: Sewphistacats	

October 14: Valley of the Mist Quilters Guild of Temecula presents their annual Quilt Display in Old Towne Temecula from 10 AM until 4 PM. The quilts will be hung from the old buildings that house antique shops, restaurants, gift shops, ice cream and coffee shops, and other unique stores. There will be a large and small quilt auction in Temecula’s beautiful new Community Center. There is no admission charge. For further information please contact Pauline McCauley at (951) 600-4928 or <lvtoqlt@adelphia.net>.

October 14: Join us for the Traveling Quilters 7th annual “mystery trip”. Where? That’s a surprise. For information contact <lynn@travelingquilters.com>.

October 21: The Kaleidoscope Quilt Guild Quilt presents *Kaleidoscope of Quilts*, 2590 Main Street in Lemon Grove (just south of San Miguel/Palm and Lemon Grove Avenue). Activities include a Kid’s Corner where children can experiment with quilt design, a Philanthropy display, and a silent auction. Some displayed quilts may be offered for sale. A drawing for the 2006 Opportunity Quilt, “Stellar Attraction,” will close the show. Hours are 10 AM – 4 PM. Admission is free. Refreshments, provided by Kaleidoscope Guild members, are also served free of charge. For more information call Linda Henry, Quilt Show Chairman, at (619)561-8054 or email Linda at <lmh.pengi@cox.net>.

October 21: Mountain Quilters of Idyllwild presents their 3rd Annual Quilt Show at the Idyllwild School, 26700 Hwy 243. Hours are 9 AM – 4 PM. Features include over 100 quilts, a vendor mall, opportunity quilt drawing, door prizes, the *Button and Bows Boutique*, children’s activities, and more. For further information call Penny (951) 659-6029 or <quiltgram7@yahoo.com>.



Guild Web Page Address:
<http://www.coastalquilters.org>

THIS MONTH

October 12

Program Cathy Van Bruggen

- * Wear name tags
- * Return Library books
- * Sign up for November refreshments

October 19 Board meeting at Maravilla
(in the clubhouse)

October 20 Newsletter deadline for November



NEW MEMBERS AND MEMBERSHIP RENEWALS:

Mail your membership form, check or money order for \$30 payable to:
Coastal Quilters Guild, Inc.
Attention: Membership
P.O. Box 6341
Santa Barbara, CA 93106

Guest fee: \$5.00

CoastLines Newsletter

This is a monthly publication. Newsletter articles will be accepted up until the 20th of October for the November issue.

Send articles to Editor:

Leslie Hogan

475 Los Verdes

Santa Barbara, CA 93111

e-mail: redduckmusic@earthlink.net

The guild board meeting for October, and November will need to be in the clubhouse, rather than the activity room, at Maravilla.

Guild meetings are held on the second Thursday of each month at 7:00 PM at St. Andrew's Presbyterian Church, 4575 Auhay, Santa Barbara, CA.

Please carpool, parking is somewhat limited. Coastal Quilters Guild of Santa Barbara and Goleta is a nonprofit, educational and charitable organization. The purpose of the Guild is to educate its members about the history and preservation of the art form of quilt making and its related topics; to learn new techniques and improve skills; and to inform the community at large about our quilt making heritage.



Pacific International Bus trip !

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