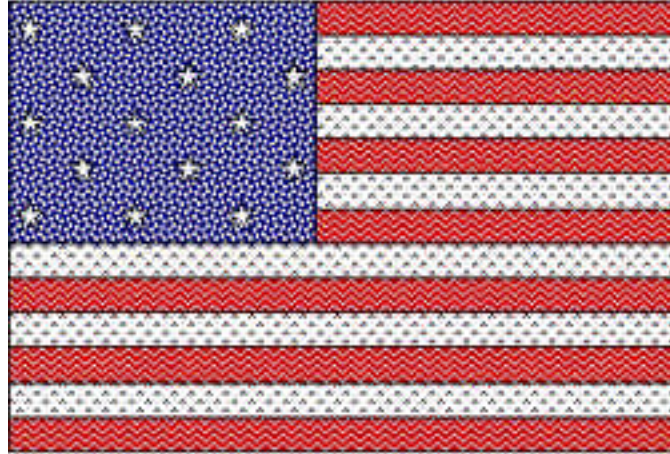


# Little Flag Quilt

To give comfort to survivors and families of victims of the tragedies of September 11, 2001, and to show support and give thanks to the dedicated men and women who are working tirelessly in their rescue efforts. Coastal Quilters Guild, Inc. of Santa Barbara and Goleta.



**Finished size:** 24" x 16-1/4"

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## Fabric needed:

1/2 yard (or one fat quarter) of blue print  
1/2 yard of white print  
1/2 yard of red print

1/2 yard for backing, your choice of print  
1/2 yard for binding, your choice of print

## Cutting:

**Blue:** cut one rectangle 11-1/2" x 9-1/4"

**White:** cut 3 white strips 1-3/4" x 15"; cut 3 white strips 1-3/4" x 26"

**Red:** cut 4 red strips 1-3/4" x 15"; cut 3 red strips 1-3/4" x 26"

## Assembly:

1. Referring to picture for placement, sew short strips together, alternating 4 red and 3 white. Press strips to red. Cut strip set to 9-1/4" x 13-1/2".
2. Referring to picture for placement, sew long strips together, alternating 3 red and 3 white. Press strips to red. Cut strip set to 8" x 24-1/2".
3. Sew short strip set to blue rectangle. Add long strip set.
4. Layer quilt top, batting and backing. Baste.
5. Quilt as desired by hand or machine. Quilting suggestion: stitch in the ditch between red and white stripes. Stitch diagonal lines 1" apart in blue.
6. Bind quilt (see page 2). Tack two 1" plastic rings to back for hanging. Sign as desired. (See page 3 for labels)

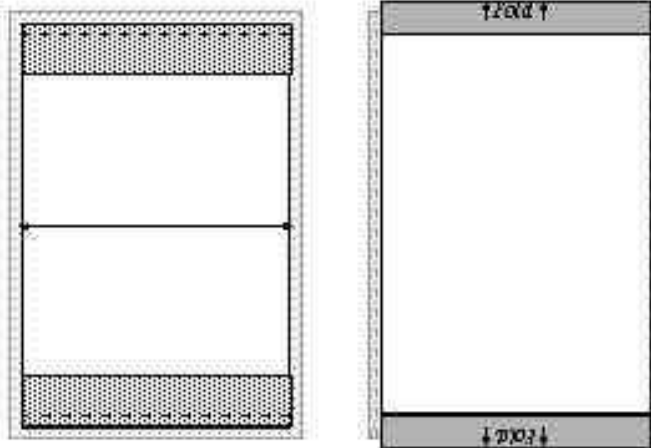
Please turn in your finished Little Flag Quilts to Marty Frolli, (805) 968-4781, [mafrolli@home.com](mailto:mafrolli@home.com), or to Blue Island Quilts as soon as possible.

Little Quilts will be mailed as soon as they come in. Thank you for your support.

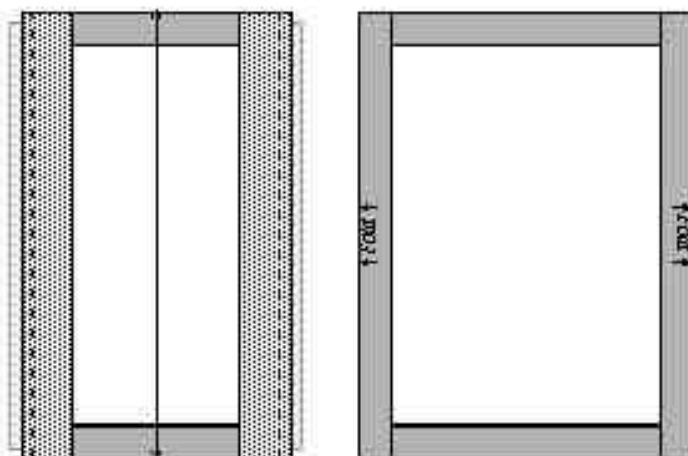
## Squared Corners Binding

*Before applying binding, trim batting and backing 1/4" from the edge of the quilt top. Use bias or straight grain binding. Cut binding strips 2-1/2" wide.*

1. Fold binding with wrong sides together and press.  
Measure the width of the quilt top from raw edge to raw edge.  
Pin binding to the top and bottom edges of the quilt top.  
Match raw edges of the binding to the raw edges of the quilt top.  
Match ends of binding to ends of quilt top.  
Stitch binding to quilt, using a 1/4" seam and stitching through all layers.  
Finger press binding and seam away from quilt top.



2. Measure the length of the quilt top, including the sewn binding.  
Measure from folded edge of binding to folded edge of binding.  
Pin binding to the side edges of the quilt top.  
Match raw edges of the binding to the raw edges of the quilt top.  
Match ends of new binding to folded edges of sewn binding.  
Stitch binding to quilt, using a 1/4" seam and stitching through all layers.  
Finger press binding and seam away from quilt top.



3. Turn folded edge of binding at the top and bottom edges of quilt top to the back.  
Match the folded edge of binding to the stitching on back. Blind stitch in place.
4. Turn folded edge of binding along the side edges of quilt top to the back.  
Match the folded edge of binding to the stitching on back. Blind stitch in place.

# Making a Quilt Label

## Why include a label?

- History for your family and quilt historians
- Identification if lost or stolen

## What to include on your label:

- Name of your quilt
- Your name
- Address (at least city/state)
- Date of completion (at least year)
- Optional:
  - Name of recipient
  - Story of your quilt
  - Information about the quilt: Machine or hand pieced, and/or appliqued; Machine or hand quilted; Type of batting; Washing instructions

## How to sew the label to your quilt:

Make a label using one of the methods listed below. Using some fabric left over from your quilt, add a narrow border around the label. Applique the label to the back of the quilt, using the blind stitch. Whether writing, typing or printing on fabric, iron freezer paper to back of the fabric to stabilize.

## Types of labels:

- **Hand written label** on muslin or other solid. Practice writing label on paper. Trace good copy onto muslin, using a permanent pen. The Micron Pigma pen in black or brown is a good choice.
- **Typed labels** are permanent if the typewriter ribbon is a permanent ink.
- **Computer labels:** Use the manual feed. Computer labels can be fun, because you can change the size and type of fonts and you can add borders and clip art. Laser printer (uses toner) labels are not permanent, but are fine for seasonal and wall hangings that are not going to be washed. Ink jet printer (uses ink) labels are permanent, after setting with a fixative, available at quilt stores and through mail order catalogs. Computer ready fabric is also available for ink jet printers.
- **Sewing machine stitch labels:** Many machines may be programmed with words and designs to easily stitch a label.
- **Cross stitch labels** are beautiful. They are a little heavier, due to the Aida cloth.
- **Embroidered labels** can be lovely, especially when accented with ribbon embroidery.
- **Rubber stamp quilt labels** are available. You must use fabric permanent stamping ink. You stamp label onto fabric and fill in your information with a permanent pen. Designs can be filled in with colored permanent pens.
- **Printed fabric quilt labels:** These labels are sold by the yard or panel in quilt and fabric stores. You cut out the label and fill in your information with a permanent pen.
- **Books with quilt labels:** There are books with numerous ideas for quilt labels. Some labels are cut out of the book and transferred to the fabric using an iron.
- **Photo transfer:** Any method of label can be enhanced with photos of the quilter or the recipient.