



**Fabrics needed:**

1-1/2 yards of focus fabric for hearts and borders  
2/3 yard of light for heart background  
2/3 yard of medium for plain block  
1-1/2 yards for backing

**Cutting**

*Focus print:*

Cut (along the lengthwise grain)

2 borders 3-1/2" x 30-1/2"

2 borders 3-1/2" x 48-1/2"

Cut 18 hearts for applique

*Light:*

Cut 18 (6-1/2") squares.

*Medium:*

Cut 17 (6-1/2") squares.

**Assembly**

1. Appliqué hearts to light background squares, using your preferred method of appliqué.
2. Alternating heart blocks with plain squares, sew blocks into rows. Press seams to plain squares.  
Sew rows together. Press seams in alternating directions.
3. Add borders. Baste and quilt as desired. Bind. Add a Coastal Quilters Guild label.

